

HOME Choice	Community Support Coach	Independent Living Skills Training
What is the service?	Support for Community Living through one-on-one coaching that guides, educates and empowers HOME Choice participants and their families.	Independent Living Skills Training develops or increases skills, knowledge and abilities needed to successfully live on one's own.
When is the service provided?	Community Support Coaches talk with and educate HOME choice participants before, during and after a HOME Choice Participant moves into the community.	During the 365 day participation period
How is the service provided?	Community Support Coaching is provided one-on-one with the participant and/or their family.	Independent living skills training services can be delivered to an individual or in a group or classroom setting
What type of help is provided?	Making educated choices by themselves.	Financial management skills, such as <ul style="list-style-type: none"> • Finding a bank and setting up an account • Paying bills and taxes • Creating and sticking to a budget • Using a bank (ATM) machine
	Learning how to manage several items at once	Improving social skills, such as <ul style="list-style-type: none"> • How to be a good neighbor and/or roommate • When and how to ask for help
	Finding new and different ways to do things and problem solve	Health management skills, such as <ul style="list-style-type: none"> • Nutrition: what to eat, how much to eat, when and how often • How to talk to the doctor • Managing and accessing medical supplies • Crisis care/recovery services • How to link to doctors and dentists • Learning about & getting devices that help the individual live independently • Preparing for emergencies • Learning how and when to take medicine
	Finding community information, resources, and helping to connect the participant to those resources in the community	Home management skills <ul style="list-style-type: none"> • Personal shopping • Housekeeping and laundry • Grocery shopping, cooking and meal planning • How to use appliances
	Assist the participant with finding a job	Personal skills training in such areas as <ul style="list-style-type: none"> • Dressing and bathing • Making and keeping appointments
	Explain the HOME Choice transition process	Community living skills such as <ul style="list-style-type: none"> • How to read a bus schedule, call for transportation
		<ul style="list-style-type: none"> • Identifying and accessing community resources
<ul style="list-style-type: none"> • Job training and how to search for and find a job • Safety skills in the community 		

4/8/15 For additional details refer to OAC 5160-51-04.